

Child Care Health Consultants

The North Carolina Child Care Health and Safety Resource Center
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Activity

If you could choose one superpower to improve children's environments, which would you pick?

- A. Cleaner Air
- B. Safer Spaces
- C. Magic Wand for Instant Behavior Change



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Who are Child Care Health Consultants?

- CCHCs are trained health professionals with education and experience in child and community health and early care and education
- CCHCs work with early care and education programs to assess, plan, implement, and evaluate strategies to achieve high quality, safe, healthy child care environments



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CCHC Areas of Expertise

Illness and Infectious Diseases
 Inclusion of Children with Special Health Care Needs
 Medication Administration
 Safety and Injury Prevention
 Emergency Preparedness and Response
 Infant and Child Social and Emotional Wellbeing
 Prevention of Child Abuse and Neglect
 Nutrition and Physical Activity
 Oral Health
 Environmental Health
 Staff Health and Wellness

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Health and Safety Assessments

CCHCs:

- Conduct classroom observational assessments
- Develop quality improvement plans in collaboration with early educators
- Identify and help implement needed change
- Conduct follow-up assessments to determine next steps

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Laws, Rules, ERS, and Best Practices

CCHCs help facilities blend the “ingredients” to develop policies and inform daily operations

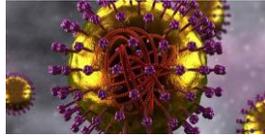
- Federal and state laws
- NC Child Care and Sanitation rules
- Best practices from CFOC, AAP, CDC, NAEYC, and other expert sources
- Environment Rating Scales (ERS)/NC Rated License Assessment Project

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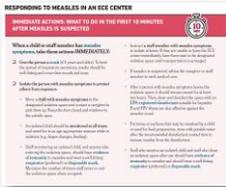
Communicable Disease Response

CCHCs provide guidance during emergencies including infectious disease outbreaks by working with the facility staff, local health departments, and child care consultants to provide appropriate guidance.



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Preparing for Measles in ECE Programs



Measles is highly contagious, lingers in air or on surfaces for 2 hours after an infected person leaves

Report suspected or confirmed cases to CD nurse at LHD

- If unavailable, epi-on-call: 919-733-3419
- Have immunization records
- On hand for children in care
- Staff should be prepared to prove immunity
- Isolate children with symptoms



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Training Topics



Required

By child care rules:

- Medication Administration
- CCDF Health and Safety topics
- EPR (Emergency Prep and Response)
- ITS-SIDS (Infant Toddler Safe Sleep and SIDS Risk Reduction)

Required by OSHA:

- Bloodborne Pathogens

Recommended

- Stay Healthy, Stay Clean
- Children with Special Health Care Needs
- Infant and Child Social Emotional Wellbeing
- Safe Handling
- Unintentional Injury Prevention
- Breastfeeding Friendly Child Care
- And more!



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Find a CCHC

CCHC Coverage

- Where CCHC Services Available
- Where CCHC Services Available
- CCHC in Training
- None/Noting

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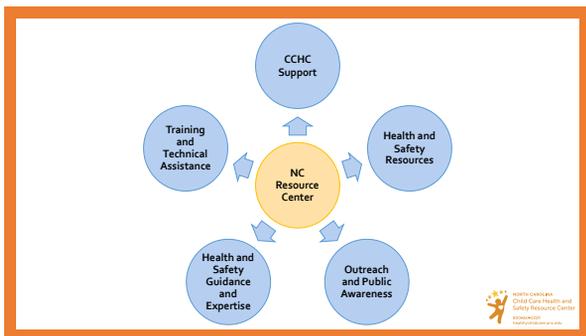
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NC Child Care Health and Safety Resource Center

The NC Resource Center promotes healthy and safe indoor and outdoor environments in early care and education settings through child care health consultation.

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Resources

- Communicable Diseases/Exclusion
- Quick Reference Documents
- Newsletters
- Sample Policies and Forms
- Posters
- Health and Safety Subject Matter References




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When to call a CCHC

 **A child care facility received a violation during a sanitation inspection for improper handwashing procedures.**
Call a CCHC! A CCHC can observe handwashing practices and offer one-on-one technical assistance on proper procedures and provide a training for all staff.

 **An infant receiving human milk has recently enrolled and the staff are unsure how to properly handle and store human milk.**
Call a CCHC! While the request is for one child, use this opportunity to learn proper storage and handling of human milk at the facility. The CCHC can provide a Breastfeeding Friendly Child Care training for staff.



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Technical Assistance




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Communication

- Sign up for quarterly partner news: healthychildcare.unc.edu/about-us/partner-communication/
- Reach out with our Contact Us form: healthychildcare.unc.edu/contact-us-form/
- Contact a local CCHC: healthychildcare.unc.edu/find-a-cchc/



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Thank you!

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Any questions?



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